



Formula Each/Chaque vegi cap contains:

Vitamin C (Ascorbic acid)(acide ascorbique)	15 mg
Organic Eleuthero root extract (Eleutherococcus senticosus) 0.8% eleutherosides B & E 2.4 mg	300 mg
Organic Hawthorn leaf and flower (Crataegus laevigata) 1.5% Vitexin Flavonoids 2.25 mg	150 mg
Organic Holy Basil leaf (Ocimum tenuiflorum) 0.5% Volatile Oil 0.25 mg	100 mg
Organic Alfalfa herb (Medicago sativa L.)	50 mg
Organic Rhodiola root (Rhodiola rosea) 0.7% Salidrosides	50 mg
All Organic Herbs are Certified Organic	

Non-Medicinal ingredients: Hypromellose vegi caps, Omega 3 Powder Ingredients non medicinaus: Hypromellose vegi caps, Omega 3 Poudre

ADR Px Balance

The adrenal glands manage the body's response to internal and external stressors.

Hectic modern lifestyles can lead to overstimulation of the adrenals and a resulting imbalance of DHEA to cortisol ratios, improper ACTH response, and erratic cortisol release. This specially formulated blend of adaptogenic herbs helps to support adrenal function by normalizing the stress response. These herbs also act as endocrine tonics, and maintain a balanced immune response.

Formulation Features

- Helps support adrenal function
- · Promotes physical vitality and mental alertness
- Supports antioxidant defenses and blood vessel health
- Contributes to a balanced DHEA-to-cortisol ratio
- Formulated with 100% certified organic herbs and extracts
- Holy basil supports healthy blood sugar and corticosteroid levels
- Rhodiola root supports healthy mood and concentration via normal serotonin and dopamine levels



95% of our herbs and herbal extracts are certified organic or ecologically wildcrafted.



Supplementation

 One to three capsules twice a day or as directed by a healthcare practitioner. Can be taken with or without food.

Diet & Lifestyle

- · Minimize physical and emotional stress
- · Eat organic, whole foods as much as possible
- Eat small frequent meals with protein to maintain optimal blood sugar levels
- · Exercise moderately and consistently
- · Avoid known allergens and toxic chemicals
- Sleep 7-8 hours minimum per night

REFERENCES:

Stress and Health 2002;18(1):11-17. Curr Clin Pharmacol. 2009 Sep; 4(3):198-219 J Nat Prod. 2007 Sep; 70(9):1410-6. J Pharmacol Sci 2005; 98(4):354-360.

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