



Glucose Balance Px

Supports glucose metabolism and promotes healthy liver function.

In addition to promoting healthy glucose metabolism, the herbs in **Glucose Balance Px** also help to maintain a healthy liver profile.

Formulation Features

Vanadium supports normal glucose transport into cells.

Chromium is thought to be the most active component of glucose tolerance factor (GTF).

Gymnema sylvestre extract Numerous active phytoconstituents have been identified in Gymnema and credited with various anti-oxidant, and Beta cell regenerative effects.

Milk Thistle seed (*Silybum marianum*) Silymarin is a mixture of flavonolignans that support a healthy liver.

Prickly Pear fruit (*Opuntia ficus indica, vulgaris*) Prickly Pear optimizes basic metabolism, and helps support normal blood sugar.



Supplement Facts

Serving Size: 3 vegi-capsules Servings Per Container: 40

Amount Per Serving	% Daily Value
Chromium (from Chromium Polynicotinate)	900 mcg 750%
Vanadium [from BGOV (Bis-Glycinato OXO Vanadium)]	2700 mcg †
Gymnema Sylvestre Extract (25% Gymnemic Acid)	1200 mg †
Wildcraft Nopal Cactus Powder (<i>Opuntia streptacantha</i>)	315 mg †
Alpha Lipoic Acid (Thioctic Acid)	300 mg †
Organic Milk Thistle Seed Powder (<i>Silybum marianum</i>)	225 mg †
Milk Thistle Seed Extract (<i>Silybum marianum</i>) (80% Silymarin)	75 mg †

Minimum Constituent Bio Marker Per Dose

Gymnemic Acid Glycosides	240 mg
Silymarin Flavonoids (HPLC)	45 mg

Organic Herbs are Certified Organic

† Daily Value not established

95% of our herbs and herbal extracts are certified organic or ecologically wildcrafted.

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The statements on this page have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent disease.



Supplementation

- Take three to five capsules twice a day or as directed by a health care practitioner. Take with food.
- After two months, switch to a maintenance dose of two to three capsules twice daily with food.

Diet & Lifestyle

- Minimize physical and emotional stress
- Eat organic, whole foods as much as possible
- Eat small frequent meals with protein to maintain optimal blood sugar levels
- Exercise moderately and consistently
- Avoid known allergens and toxic chemicals
- Sleep 7-8 hours minimum per night

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