

Serving Size: 2 capsules Servings Per Container: 37 Amount Per Serving % Daily Value Vitamin D3 (Cholecalciferol) (400 IU) 10 mcg 50% Vitamin B12 (Methylcobalamin) 400 mcg 16,666% Iodine (as Potassium Iodide) 12 mg 8000% Zinc (as Zinc Citrate) 6 mg 54% Selevium (2st. Selevomethionin) 200 mg 3600

Zinc (as Zinc Citrate)	6 mg	54%
Selenium (as L-Selenomethionine)	200 mcg	364%
Organic Blue Flag root (Iris spp.)	410 mg	†
Guggul Myrrh gum resin	240 mg	†
Organic Triphala fruits (Amla Fruit, Belleric myrobalan Fruit,		
Chebulic myrobalan Fruit)	160 mg	†
Organic Ashwagandha root	150 mg	†
Organic Nettle leaf	150 mg	†
Organic Kelp	110 mg	†
Organic Ginger root	20 mg	†
† Daily Value not established		

All Organic Herbs are Certified Organic **Other Ingredients:** Vegetable Cellulose

Thyroid Px

Thyroid support

Our number one top seller!

Thyroid dysfunction and low body temperatures are increasingly more common and can cause many disturbing symptoms.

Fortunately, research has identified a variety of natural ingredients that can enhance and maintain thyroid function.

Thyroid Px is the most potent thyroid support offered by Restorative Formulations. It provides essential co-factors for thyroid hormone production, including vitamins D3, B12 methylcobalamin, zinc, selenium, and iodide. It also contains a unique blend of thyroid-supporting herbs including guggul myrrh and organic herbs blue flag, triphala, ashwagandha root, nettle, kelp, and ginger.

Formulation Features

- Provides 12 mg iodide per serving
- Organic blue flag root preserves thyroid function and supports natural detoxification
- Guggul myrrh supports optimal iodine uptake and thyroid enzyme activity



95% of our herbs and herbal extracts are certified organic or ecologically wildcrafted.

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Supplementation

- Adults take 1 to 2 capsules twice daily, with or without food or as recommended by your health care practitioner.
 When increasing dose, do so gradually to a maximum dose of 4 capsules, twice daily. Never exceed 8 capsules in a 24 hour period, nor take high doses for more than 3 months.
- Consider weaning within six months to one cap a day or switch to ThyroCare to avoid excessive iodine intake.

Diet & Lifestyle

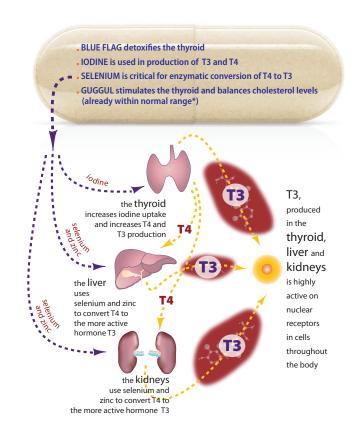
- Minimize physical and emotional stress
- Eat organic, whole foods as much as possible
- Eat small frequent meals with protein to maintain optimal blood sugar levels
- · Exercise moderately and consistently
- · Avoid known allergens and toxic chemicals
- Sleep 7-8 hours minimum per night

Thyroid Specific Support

- Avoid all toxins that interfere with thyroid function including endotoxins
- Decrease heavy metals that affect thyroid function (e.g., mercury, lead, and cadmium)
- Decrease halogens that interfere with sodium iodide synthesis (e.g., fluoride, chlorine, and bromine)
- In select cases, a gluten-free diet may be helpful.

Cautions

 Due to potential drug-herbal interaction tell your physician about any medications you are taking. One capsule EXCEEDS the recommended daily allowance for iodine. This product can potentiate thyroid hormone replacement medications. Discontinue use if rapid heart rate, palpitations, or skin reactions occur.



REFERENCES:

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Biochem. 51 (2): 329-36 (February 1975).

Hormone and Metabolic Research ,1996, 28(5):223-226

The Journal of Clinical Endocrinology & Metabolism, Vol. 87, No. 4 1687-1691 The American Journal of Gastroenterology (2001) 96, 751-757.

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