



# MicroBiome Px

*Supports a healthy gut microbiome*

**MicroBiome Px** contains goldenseal and berberine, an active alkaloid compound that can be sourced from a wide variety of medicinal plants.

Berberine has been shown to support the microbiome by favoring the healthy bacteria naturally present in the gastrointestinal tract. It also inhibits division of non-native bacteria, and research indicates that berberine can interrupt biofilm stability.

Berberine supports short chain fatty acid (SCFA)- producing bacteria. SCFA are an energy source for large intestine epithelial cells, and have a positive effect on immune and inflammatory function.

In addition to microbiome activities, berberine also activates AMPK, supports healthy blood sugar metabolism, and supports healthy cardiovascular actions.

## Formulation Features

- This formula contains the first US cultivated, certified organic goldenseal standardized to 5% berberine, combined with naturally sourced 97% berberine extract. This combination offers a synergistic effect for optimal bioavailability of phytochemicals.
- MicroBiome Px supports a healthy gut microbiome, which in turn can more efficiently convert berberine into dihydroberberine, a form which is absorbed in the intestinal tract five times more efficiently.

## Supplement Facts

Serving Size: 1 capsule      Servings Per Container: 60

	Amount Per Serving	% Daily Value
Organic Goldenseal Root (Hydrastis canadensis)		
5% Berberine	300 mg	†
Berberine HCL	200 mg	†

### Constituent Biomarker Per Dose

Berberine	200 mg
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Organic Herbs are US Cultivated, Certified Organic

†=Daily Value not established

**Other Ingredients:** Vegetable Capsule (cellulose), rice flour

95% of our herbs and herbal extracts are certified organic or ecologically wildcrafted.

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The statements on this page have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent disease.



## Supplementation

- 1 vegi-cap twice daily, with or without food, or as directed by healthcare practitioner.

## Diet & Lifestyle

- Minimize physical and emotional stress
- Eat organic, whole foods as much as possible
- Eat small frequent meals with protein to maintain optimal blood sugar levels
- Exercise moderately and consistently
- Avoid known allergens and toxic chemicals
- Sleep 7-8 hours minimum per night

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