

# Estro-Px

## Health Benefits:

- Estro-Px reduces hot flashes for women going through all stages of menopause.
- Supports healthy progesterone and estrogen activity.
- Promotes a positive mood and calming effect during emotional swings associated with hormonal fluctuations.

## Formulation Features:

- This unique combination of herbal extracts contains high levels of naturally occurring plant phytoestrogens that bind to estrogen receptor sites and support estrogen-like activity.
- Solvent-free, carbon dioxide-extracted organic sage reduces the frequency and intensity of mild menopausal symptoms.
- Agnuside, an active compound in Chaste Tree Berry, has estrogenic effects by binding to estradiol receptors.
- Red clover contains isoflavone phytoestrogens, which help the body find hormonal balance.



RF-1160

## Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: About 37

	Amount Per Serving	% DV
Vitamin B12 (methylcobalamin)	2,000 mcg	833%
Organic Chaste Tree Berry ( <i>Vitex agnus</i> ) Agnusides 1.75 mg	700 mg	†
Organic Sage Leaf ( <i>Salvia officinalis</i> )	360 mg	†
Organic Red Clover flower ( <i>Trifolium pratense</i> )	150 mg	†
Organic Black Pepper Fruit ( <i>Piper nigrum</i> )	10 mg	†

† Daily Value (DV) not established

Other ingredients: Vegetable Capsule (cellulose)  
All Organic Herbs are Certified Organic



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& OPERATED



CERTIFIED  
ORGANIC



VIRTUAL  
DISPENSARY



EDUCATIONAL  
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THIRD PARTY  
TESTING



FREE PRACTITIONER  
CONSULTS



HIGHEST  
POTENCY



1%  
FOR THE  
PLANET  
1 PERCENT  
DONATIONS

The statements on this page have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent disease.



Estro-Px is a potent, comprehensive botanical formula designed to provide relief from menopause symptoms.

## Key Ingredients

### Organic Chaste Tree (*Vitex agnus*)

Chaste Tree Berry helps maintain healthy levels of estrogen and progesterone. It is standardized to contain 0.25% agnusides, which contribute to its effects. This ingredient works to achieve hormonal balance by either supporting or blocking these hormones, depending on the needs of the individual's hormonal status. Additionally, Chaste Tree Berry has been shown to help sustain a positive mood and offers a calming effect during emotional fluctuations associated with hormonal changes.

### Organic Sage Leaf (*Salvia officinalis*)

Certified Organic Sage has a long history of use in managing excessive sweating and hot flashes that often accompany menopause. Sage contains beta-sitosterol, a natural plant sterol recognized for its hormonal balancing properties. It is included in this formula to enhance clinical effectiveness through its active compounds, including rosmarinic acid and polyphenols.

### Organic Red Clover Flower (*Trifolium pratense*)

Red Clover is abundant in well-researched isoflavones such as genistein, daidzein, and formononetin. These isoflavones help achieve hormonal balance by both stimulating and blocking estrogen receptors, depending on the hormonal needs of the tissues. Red Clover exerts an estrogenic effect by directly activating receptors, which can help alleviate symptoms and may support the health of hormone-sensitive tissues like the breasts, heart, and bones.

### Organic Black Pepper Extract

This formula includes black pepper extract (50:1 ratio), which can enhance the absorption and assimilation of other active ingredients in Estro-Px, such as sterols.

## Supplementation

Women should take 1 to 2 vegi-capsules twice daily or as recommended by your healthcare practitioner.

## Also Recommended

Our Sleep formula pairs well with Estro Px to help women achieve more restorative sleep during menopause.

**REFERENCES:** <https://pubmed.ncbi.nlm.nih.gov/articles/PMC6887765/> | <https://doi.org/10.1016/j.jsbmb.2004.12.038> | Manonai J, et al., Menopause. 2008 May-Jun; 15(3): 530-5. | Contemporary Ob-Gyn 1/1/2008. Vol. 53, Iss.1; p.26 04-18-2025

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