



Metabolic Nutrition Capsules

Optimized cell function with just 2 caps daily

Metabolic Nutrition is a multivitamin providing the following super bioavailable nutrients:

- ✓ Vitamin D3 (4000 IU)
- ✓ Vitamin K2 (240 mcg) in the form of MK7
- ✓ Vitamin B6 (20 mg) in the form of pyridoxal 5-phosphate (P-5-P)
- ✓ B12 (800 mcg) in the form of methylcobalamin
- ✓ Folate (800 mcg) in the form of MTHF
- ✓ CoQ10 (50 mg)
- ✓ L-Carnitine Tartrate (50 mg)

This formulation was developed by practicing physicians and medical professors to offer a product which is therapeutic for treating common nutritional deficiencies. The easy 1-2 capsules per day dosage is designed to enhance patient compliance.

Formulation Features

- Supplies therapeutic levels of bioactive vitamins and minerals
- Each bottle provides a convenient 1-2 month supply

Supplement Facts

Serving Size: 2 capsules
Servings Per Container: 30

| Amount Per Serving | % Daily Value |
|---|------------------|
| Vitamin A (as Retinyl Palmitate) (2000 IU) 600 mcg RAE | 67% |
| Vitamin C (as Ascorbic Acid) | 150 mg 167% |
| Vitamin D3 (as Cholecalciferol) (4000 IU) | 100 mcg 500% |
| Vitamin E (as D-Alpha Tocopheryl Acetate & Natural Vitamin E [Covi-ox®]) (150 IU) | 100.5 mg 670% |
| Vitamin K2 (as Menaquinone MK-7) | 240 mcg 200% |
| Vitamin B1 (from Thiamin HCl) | 1000 mcg 83% |
| Vitamin B2 (Riboflavin) | 6 mg 462% |
| Vitamin B3 (Niacin) | 30 mg NE 188% |
| Vitamin B6 (as Pyridoxal-5-Phosphate) | 20 mg 1,176% |
| Folate (as Calcium L-5 Methyltetrahydrofolate) | 800 mcg DFE 200% |
| Vitamin B12 (as Methylcobalamin) | 800 mcg 33,333% |
| Biotin (as D-Biotin) | 200 mcg 667% |
| Vitamin B5 (as d-Calcium Pantothenate) | 50 mg 1,000% |
| Calcium (from Dicalcium Phosphate) | 40 mg 3% |
| Phosphorus (from Dicalcium Phosphate) | 30 mg 2% |
| Iodine (from Potassium Iodide) | 150 mcg 100% |
| Magnesium (from Magnesium-L-Threonate and Magnesium Citrate) | 15 mg 4% |
| Zinc (from Zinc Citrate) | 10 mg 91% |
| Selenium (as L-Selenomethionine) | 200 mcg 364% |
| Copper (from Cupric Citrate) | 1,000 mcg 111% |
| Manganese (from Manganese Citrate) | 7 mg 304% |
| Chromium (from Chromium Polynicotinate) | 500 mcg 1,429% |
| Molybdenum | 100 mcg 222% |
| L-Carnitine Tartrate | 50 mg † |
| Coenzyme Q10 (Ubidecarenone) | 50 mg † |

† Daily Value not established

Other ingredients: Hydroxypropyl Methylcellulose, Rice Concentrate (Nu-Flow®), Food Starch-Modified, Organic Rice Extract Blend (Nu-Mag®), Maltodextrin, Silica
DFE-Dietary Folate Equivalent

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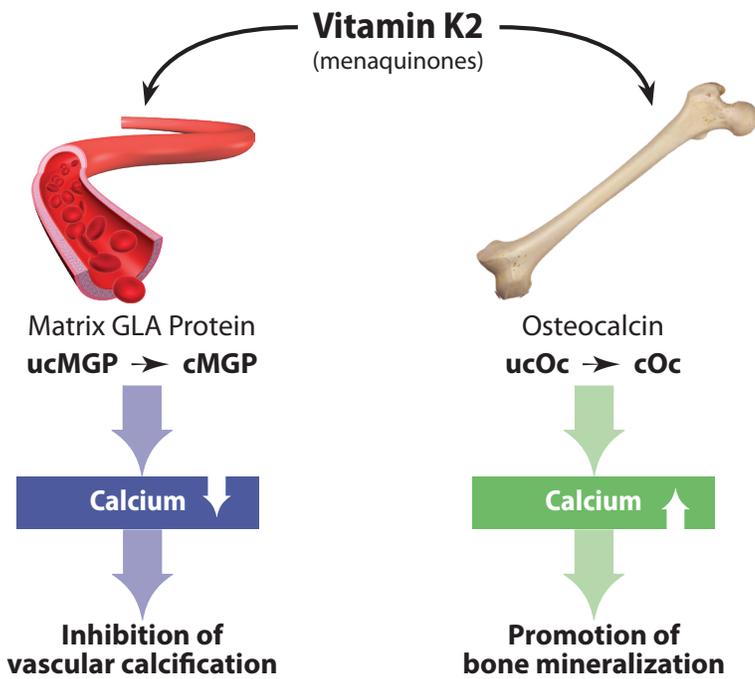


95% of our herbs and herbal extracts are certified organic.

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Vitamin K2 Supports Bone Mineralization



Supplementation

- Take two capsules daily.

Diet & Lifestyle

- Minimize physical and emotional stress
- Eat organic, whole foods as much as possible
- Exercise moderately and consistently
- Avoid known allergens and toxic chemicals
- Sleep 7-8 hours minimum per night



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