

# Telomere Protect

## Health Benefits:

- Telomere Protect combines astragalus, fisetin, and ergothioneine which work synergistically to support cellular DNA integrity by addressing multiple pathways involved in oxidative and metabolic stress.
- Fisetin is studied for its role in supporting healthy cellular turnover and normal aging processes. It functions as a potent antioxidant, helping protect cells and DNA from oxidative stress which contribute to senescence.
- Ergothione helps protect mitochondrial function, supporting balanced cellular energy production and reducing oxidative burden that can affect DNA.
- The combination of astragalus, fisetin, and ergothioneine work together to support a balanced inflammatory response and help create a cellular environment favorable to maintaining normal DNA structure and telomere integrity.



RF-1251

## Supplement Facts

Serving Size: 1 capsule  
Servings Per Container: 60

	Amount Per Serving	% DV
Organic <i>Astragalus membranaceus</i> Root	400 mg	†
Fisetin	195 mg	†
Ergothioneine	20 mg	†

† Daily Value (DV) not established

Other ingredients: Vegetable Capsule (cellulose)  
All Organic Herbs are Certified Organic

## Formulation Features:

- Fisetin is used as a senolytic therapy to selectively target senescent cells and minimize their damaging effects on the DNA in neighboring healthy cells.
- Certified organic *Astragalus* provides antioxidant compounds (including astragalosides and flavonoids) that help neutralize reactive oxygen species (ROS), supporting protection of cellular DNA from oxidative stress.
- Ergothioneine is transported into cells via a specialized transporter (OCTN1), allowing it to accumulate in tissues exposed to oxidative stress.



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Telomere Protect helps maintain DNA integrity to support healthy longevity.

## Key Ingredients

### Fisetin

Fisetin is a bioactive flavonoid found in fruits and vegetables such as strawberry, apple, persimmon, grape, onion, and cucumber. Fisetin has been shown to affect multiple pathways involved in healthy aging and is reported to act as a neurotrophic, botanical antioxidant, and neuroprotective agent. Research shows it helps maintain healthy mitochondrial function in the presence of oxidative stress, increases GSH and acts to modulate inflammatory activity against microglial cells impacting age-related decline in brain function.

### Ergothioneine

Ergothioneine, a sulfur-containing amino acid concentrated in mushrooms, acts as a targeted intracellular antioxidant. Ergothioneine is transported into cells via a specialized transporter (OCTN1), allowing it to accumulate in tissues exposed to oxidative stress. It helps protect mitochondrial function, supporting balanced cellular energy production and reducing oxidative burden that can affect DNA.

### Certified Organic Astragalus

Astragalus provides antioxidant compounds (including astragalosides and flavonoids) that help neutralize reactive oxygen species (ROS), supporting protection of cellular DNA from oxidative stress. Supports the body's natural mechanisms involved in maintaining genomic stability during normal cellular replication. It contains compounds that have been studied for their role in supporting healthy telomere biology under normal physiological conditions. Astragalus supports a balanced immune response and healthy inflammatory signaling already within normal range, helping promote a cellular environment favorable to DNA integrity. As a result, it contributes to healthy cellular aging by supporting resilience to environmental and metabolic stressors.

## Supplementation

Adults take 1 capsule 1-2 times daily, or as directed by your health care practitioner.

## Also Recommended

Enfla-Mend Px pairs well with Telomere Protect to enhance DNA protection. Curcumin supports DNA indirectly through antioxidant defense, balanced inflammatory signaling, and support of the body's intrinsic cellular stress-response systems.

REFERENCES: <https://pmc.ncbi.nlm.nih.gov/articles/PMC9221166/> | <https://pmc.ncbi.nlm.nih.gov/articles/PMC10928570/>

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